



# NIGERIAN JOURNAL OF DERMATOLOGY

Volume 10 No. 2 | 2020 December

## PUBLISHER

Nigerian Association of Dermatologists

## EDITOR

Adekunle George  
Department of Medicine,  
University College Hospital (UCH),  
PMB 5116, Ibadan, Oyo State, Nigeria.  
Tel: +234 803 5636 777; +234 803 3353 170.  
E Mail:  
[nigerianjournalofdermatology@yahoo.com](mailto:nigerianjournalofdermatology@yahoo.com);  
[nigerianjournalofdermatology@hotmail.com](mailto:nigerianjournalofdermatology@hotmail.com)

## DEPUTY EDITORS

Adebola Ogunbiyi  
Olayinka Olasode

## EDITORIAL BOARD

Olaniyi Onayemi  
Femi Ogunbiyi  
Gladys Ozor  
Lanre Moody  
Samuel Ademola  
Frances Ajose  
Grace Okudo  
Olaniyi Daramola

## EDITORIAL ADVISERS

Adolphus Somorin (Nigeria)  
Anezi Okoro (Nigeria)  
Ayo Oluwatosin (Nigeria)  
Babatunde Olasode (Nigeria)  
Clive Grattan (UK)  
Femi Ogunbiyi (Nigeria)  
Mitchel Wachtel (USA)  
W. Jacyk (South Africa)  
Yetunde M Olumide (Nigeria)

## EDITORIAL ASSISTANT

Regina Faley

## SUBSCRIPTION/CIRCULATION

Grace Okudo  
Regina Faley  
Adeyemo Temidayo

## DESIGN & PRINT CONSULTANT

Niu Nation Publishers  
Box 36218, Agodi P.O., Ibadan, Nigeria  
E Mail: [niunationpublishers@gmail.com](mailto:niunationpublishers@gmail.com)  
Tel: +234 803 854 8073; +234 906 709 1964



Nigerian Journal  
of DERMATOLOGY



# Contents

## EDITORIAL

Contents	03
Information to Contributors	04
Editor's Comments	06

## ORIGINAL ARTICLES

Clinical and Epidemiological Features of 19 Cases of Congenital Icthyosiform Erythroderma in Northern Nigeria: A Case Series — <i>Jamila M, Shehu MY, Balarabe SA, Aminu MS</i>	07
The Role of Nutraceuticals in Skin Anti-aging — <i>E L Anaba</i>	13
A Peculiar Case of Darier's Disease in a Patient with HIV Infection — <i>Gold-Olufadi SA et al</i>	20
Nummular dermatitis mimicking extensive Tinea corporis or Sulzberger-Garbe dermatosis — <i>Ehiaghe L Anaba et al</i>	25
The Caucasian Skin through the Eyes of a Nigerian Dermatologist — <i>Gold-Olufadi SA</i>	29
The Ethicality of Cosmetic Skin Bleaching: A Dermatologist's Conundrum — <i>Anita Benson</i>	32
Prevalence and Patterns of Male Androgenetic Alopecia in Kano, Nigeria — <i>Adamu HA, Shehu YM, Ogunbiyi AO</i>	36
Facial Sebum Levels and Its Relationship With the Severity of Acne Vulgaris in African Adolescents — <i>Ilesanmi O.N et al</i>	43
Vesiculopapular eruptions seen in two COVID-19 children — <i>Otrofanowei E, Soibi-Harry AP, Akase IE, Rimi SG.</i>	49
<b>SPECIAL REPORT   MILESTONE IN DERMATOLOGY &amp; ALLIED SUBJECT IN NIGERIA</b> — <i>Adekunle George</i>	53
<b>NAD NEWS</b>	55

## NATIONAL OFFICERS

Dr Tahir T MOHAMMED	— <b>President</b>
Dr. Dasetima ALTRAIDE	— <b>1<sup>st</sup> Vice President</b>
Dr. Ngozi AHAMNEZE	— <b>2<sup>nd</sup> Vice President</b>
Dr. Perpetua IBEKWE	— <b>General Secretary</b>
Dr. Hauwa MARKAFI	— <b>Assistant Secretary</b>
Dr. Erere OTROFANOWEI	— <b>Treasurer</b>
Dr. Sola AYANLOWO	— <b>Editor NJD</b>
Dr. Grace OKUDO	— <b>Ex-Officio 1</b>
Dr Chinwe ONYEKONWU	— <b>Ex-Officio 2</b>

## NAD TRUSTEES

- Prof. Femi Soyinka
- Prof. Anezi Okoro
- Prof. Adolphus Somorin
- Prof. Yetunde Olumide
- Prof. Emmanuel O. Onayemi
- Prof. Gladys Ozoh
- Dr. Adebo Oresanya